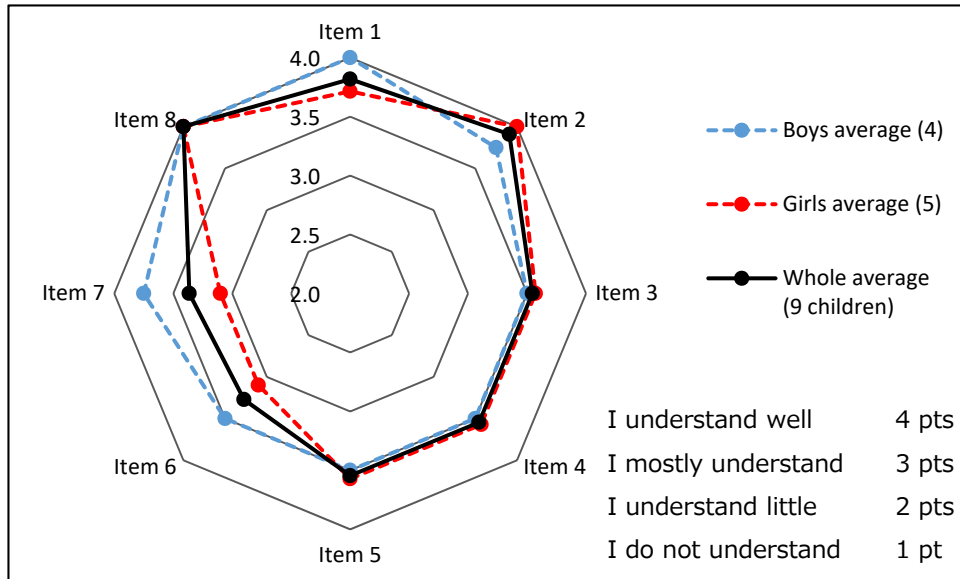


Figure 1. Results from the surveillance of awareness after the study through experience using the food model system



Item 1	I was interested in thinking about the menu using the food model.
Item 2	I found that dietary (nutrition) balances are important.
Item 3	I knew which dish was energy nutrition (yellow).
Item 4	I knew which dish was constitutional nutrition (red).
Item 5	I knew which dish was regulatory nutrition (green).
Item 6	I knew which dish contains a lot of sugar.
Item 7	I knew which dish contains a lot of salt (NaCl).
Item 8	Do you think what you learned today will be useful for your future health.